

Curriculum Vitae
SARAH KAUFFMAN

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Education

- 2011 – 2015 **M.D.**
University of California, San Diego
- 2002 – 2006 **B.S. in Health Promotion and Disease Prevention** (*cum laude*)
B.A. in Theater (*cum laude*)
University of Southern California

Postdoctoral Training

- 2019 – 2020 Hospital Appointment
Forensics Fellow PGY 5
Department of Psychiatry
New York Presbyterian Hospital (Columbia)/Mid-Hudson Forensic Psychiatric Center
- 2018 – 2019 Hospital Appointment
Women's Mental Health Fellow PGY 4
Department of Psychiatry
New York Presbyterian Hospital (Columbia)/New York State Psychiatric Institute
- 2015 – 2019 Hospital Appointment
Resident PGY 1-4
Department of Psychiatry
New York Presbyterian Hospital (Columbia)/New York State Psychiatric Institute
ACGME Program ID #4003521138

Postdoctoral Residency Fellow

Department of Psychiatry
Columbia University-College of Physicians and Surgeons

Professional Experience

- 2021 – 2023 Reproductive Psychiatrist
The Motherhood Center, NYC
- 2020 – 2023 Physician Director of Maternal Mental Health
Hoag Hospital
- 2020 – 2021 Staff Psychiatrist
California Department of Corrections and Rehabilitation
Richard J. Donovan Correctional Facility
- 2020 – Physician and Owner
Sarah Kauffman, M.D.
Reproductive and Forensic Psychiatry Private Practice

Licensure

2021	Board Certified in Forensic Psychiatry
2020	Qualified Medical Examiner, California
2020	Physician License, California
2019	Board Certified in Psychiatry
2017	DEA License
2016	Physician License, New York

Honors and Awards

2018-2019	Resident Board Representative American Association of Community Psychiatrists <i>Elected by members of the APA Public Psychiatry Fellowship.</i>
2017-2019	APA Public Psychiatry Fellowship American Psychiatric Association <i>Contributed to Council on Communications as resident representative.</i>
2015	Commencement Speaker University of California, San Diego, School of Medicine <i>Nominated by faculty and peers.</i>
2015	Recipient of Summer Institute for Medical Students Scholarship Betty Ford Foundation, Hazelden Campus <i>Participated in week-long program to develop leadership in substance-abuse treatment.</i>
2014	Inducted into the Gold Humanism Society University of California, San Diego, School of Medicine <i>Chosen by faculty and peers.</i>
2006	Renaissance Scholar University of Southern California <i>Awarded based on breadth and depth of scholarship.</i>

Professional Organizations and Societies

American Academy of Psychiatry and the Law
 American Psychiatric Association
 American Association of Community Psychiatrists
 American Medical Association
 Postpartum Support International
 Marce of North America
 Postpartum Health Alliance
 Women's Mental Health Consortium

Publications

- 2023 5. Soundararajan S, Madora M, Vaughn R, **Kauffman S**, *Breastfeeding by patients with serious mental illness: An ethical approach*. Current Psychiatry 2023 December;22(12):e16-e23
- 2022 4. Hatters-Friedman S, Kaempf A, Landess J, **Kauffman S**, Forensic Issues in Perinatal Psychiatry. In Hutner L, Catapano L, Nagle-Yang S, Williams K, Osborne L (eds), *Textbook of Women's Reproductive Health*
- 2020 3. Hatters-Friedman S, Kaempf A, **Kauffman S**, *The Realities of Pregnancy and Mothering while Incarcerated*. The Journal of the American Academy of Psychiatry and the Law Vol. 48(3) Online May 2020

- 2018 2. **Kauffman S**, *Unique Challenges of Treating Incarcerated Women*. *Community Psychiatrist* Vol. 32, 13–14
- 2013 1. Shukair S, Allen S, Cianci G, Stieh D, Anderson M, Baig S, Gioia C, Spongberg E, **Kauffman S**, McRaven M, et al., *Human cervicovaginal mucus contains an activity that hinders HIV-1 movement*. *Nature: Mucosal Immunology* (2013) 6, 427–434
- 2009 0. van Swinderen B, McCartney A, **Kauffman S**, Flores K, et al., *Shared Visual Attention and Memory Systems in the Drosophila Brain*. *PLoS ONE* 4(6): e5989

Academic Presentations

- 2022 Dec. Invited Presentation
Columbia Women's Program Rounds
Infanticide: What Happens Next?
- 2020 Oct. Invited Presentation
American Academy of Psychiatry and the Law
Infanticide: What Happens Next?
- 2020 June Invited Presentation
Columbia University Irving Medical Center
Navigating the Legal and Ethical Challenges of Reproductive Decisions for Women with Questionable Decision-Making Capacity
- 2019 Feb. Invited Presentation
Project for Psychiatric Outreach to the Homeless
Reproductive Psychiatry for Severe and Persistent Mental Illness
- 2018 Nov. Invited Hospital Presentation
New York Presbyterian/Columbia University Medical Center
Management of Aggression in the Pregnant Patient
- 2018 Oct. Invited Presentation
Institute on Psychiatric Services
Psychiatry Resident Training in the Correctional System: Overcoming Barriers and Increasing Interest Among Trainees
- 2018 May Symposium
American Psychiatric Association Annual Meeting
Rebuilding our Bridges: Using Quality Improvement and the Systems Based Practice Model to Address Systems and Physician Burnout
- 2017 Oct. Medical System-wide Quality Improvement Presentation
New York Presbyterian/Columbia University Medical Center
Rebuilding our Bridges: Using Quality Improvement and the Systems Based Practice Model to Address Systems and Physician Burnout
- 2013 Jan. NIH Training Grant Poster Presentation
University of California, San Diego
Designing a next-generation sequencing based assay for high-throughput genotyping of multiple rare CNVs associated with schizophrenia.
- 2007 May Poster Presentation
Western Psychological Association Conference
The relationship between alcohol, caffeine, and peer pressure in college students

Community Engagement

- 2023 June Invited Presentation
Postpartum Health Alliance
Birth Trauma from an OB & Reproductive Psychiatry Lens - Bridging the Silos
- 2022 Dec. Quoted Source
Self Magazine
When Postpartum Depression Shows Up as Intense Anger
- 2022 Nov. Invited Presentation
The Motherhood Center Didactic Presentation
Infanticide: What Happens Next?
- 2022 Sep. Invited Presentation
Hoag Hospital
Mental health impacts of pregnancy termination on physicians and our patients
- 2021 May Quoted Source
HuffPost
5 Resources for New Moms Struggling with Mental Health
- 2021 May Column
MedPage Today's KevinMD
Maternal mental health in the time of COVID-19: How to find support
- 2020 Nov. Invited Presentation
Kaiser Permanente San Diego Competency Day
Perinatal and Postpartum Depression
- 2020 Nov. Invited Presentation
She Matters
Medication Management for Postpartum Mood and Anxiety Disorders
- 2020 Oct. Invited Presentation
Kaiser Permanente San Diego Ob/Gyn Department
Traumatic Birth
- 2020 Sep. Invited Presentation
Ahaana
Presentation on Postpartum Depression in the Community
- 2020 Aug. Invited Blog Post
Postpartum Health Alliance
Q/A with a Reproductive Psychiatrist

Educational Contributions/Leadership Positions

- 2020– Advisory Board Member
2020 Mom
- 2020 Instructor, Forensic Psychiatry Didactics Curriculum
Harlem Hospital Residency Program
- 2020 Instructor, Forensic Psychiatry Didactics Curriculum
Creedmoor Psychiatry Residency Program

- 2018–2019 Writer and Actor, Therapy Training Videos for Medical Education
Columbia University/New York State Psychiatric Institute
- 2017–2018 Co-leader, Behavioral Health Services and Policy Interest Group
New York State Psychiatric Institute
Participants: 50 faculty and trainees
- 2016–2018 Resident Representative, Monthly Resident Quality and Patient Safety Committee
New York State Psychiatric Institute
Participants: 4 trainees and 2 senior administrative faculty.
- 2016–2017 Member of Resident Applicant Screening Committee
Columbia University Medical Center
- 2016–2017 Resident Representative, Comprehensive Psychiatric Emergency Program Meetings
New York State Psychiatric Institute
- 2016–2017 Co-leader, Monthly Doctor on Call Case Conference Series
New York State Psychiatric Institute
Participants: 12 psychiatry residents and 1 faculty discussant.
- 2014–2015 Member of Medical Student Applicant Screening Committee
University of California, San Diego, School of Medicine
- 2014–2015 Peer mentor and academic community mentor
University of California, San Diego, School of Medicine
- 2014 Participant in 2014 Gold Humanism Honor Society Biennial National Conference
Atlanta, Georgia
- 2012–2013 President, Holistic and Integrative Medicine Interest Group
University of California, San Diego, School of Medicine
Arranged monthly outreach sessions to the community regarding health and wellness.
- 2012–2013 Lobbyist and participant 2012 House of Delegates for the California Medical Association
Sacramento, California
Three lobbying trips to Sacramento, two-day policy-making conference for CMA
- 2011–2013 Community outreach and education
Olivewood Gardens and Learning Center, San Diego, CA
Designed interactive semiannual sessions on health and wellness.
- 2011–2012 Manager, Women's Health and Psychiatric Free Clinics
University of California, San Diego, School of Medicine
Managed panel of 100+ patients across four sites. Organized outreach for the uninsured.

Grant Support

- 2012 NIH Summer Training Grant
Beyster Center for Genomics of Psychiatric Disease, University of California, San Diego
Research Mentor: Jonathan Sebat, Ph.D.
Designing a next-generation sequencing based assay for high-throughput genotyping of multiple rare CNVs associated with schizophrenia.